



# Demeka Scott

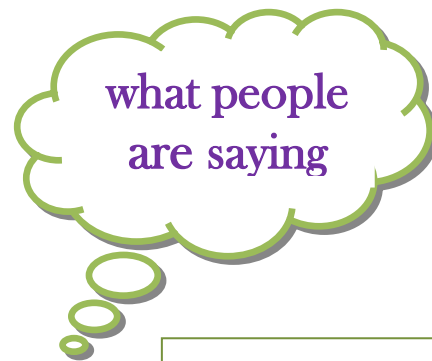
Natural Skin Care Creator  
Holistic Nutritional Consultant  
Certified Herbalist & Author

As the owner of Healthy Living Journey and Creator of Jamion Premium Skin Care, Demeka Scott has assisted families in healing themselves naturally through proper nutrition, by consuming nutrient rich foods for optimal health. Demeka has provided counseling services to over 100 clients and taught several hundred people in her lunch & learn presentations and workshops. She specializes in creating sustainable nutrition plans for a life of wellness and joy.

## Encouraging

"Thanks for guiding me through the 28 Days to Heal Your Skin From Within Program, I really needed the extra push you gave me."

- Kisha, Registered Nurse



## Healing

"What you taught me about the connection between food and disease has changed me forever."

- Kim, Business Owner

## Energizing

"After your lunch & learn presentation on home gardening, I felt like I was ready to conquer the world! Thanks for the jump-start."

- Tammie, Yoga Instructor

..... About Demeka

**Skin Care Creator:** More than 20 handmade all natural premium skin care products, made for those suffering with skin disease.

**Business Owner:** For over 5 years, Healthy Living Journey has provided education and support services as well as a referral source for physicians.

**Consultant:** In areas of wellness, nutrition, gardening, detoxing/fasting and relaxation techniques.

**Writer:** Author of two books, Natural Ways 2 Boost Your Immune System, and Kitchen Khemist Guide, as well as numerous blogs and course materials.

### Demeka Scott

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### Partial Client List

American Heart Association  
GA. Dept. of Transportation  
Cobb County Water Authority